



SUCCESS CLUES FROM DR. K.

SUCCESS ATTRIBUTE 3: PROACTIVITY

As parents, teachers, and concerned adults we continue to share the common goals for all youth to experience more success in their lives. This month, I want to share with you another success attribute and provide you with ideas as to how you can foster key characteristics in the lives of our youth. Success requires that we **take action** to reach our goals using **Proactivity**. The following information is provided by the Frostig Center to help proactive adults develop proactivity in youth (the full article is available at ldssuccess.org):

GENERAL ACTIVITIES FOR FOSTERING PROACTIVITY

- Introduce problem-solving vocabulary into your family discussions. Share your personal challenges and dilemmas and what strategies you have employed. Present your child with examples of people facing problems, and have your child discuss and role-play action-oriented strategies for resolving difficulties.
- Have your child write down and discuss important decisions he/she has made. Emphasize the strategies used to make the decisions, the results of those decisions, and whether or not the correct decision was made.
- Present your child with examples of people's behavior and the specific outcomes resulting from the behavior. Then discuss the extent to which the individual had control over his/her behaviors. Behavior is a choice.
- Present your child with a number of "risky" scenarios and discuss the possible consequences of specific actions that result from the choices made.

(source: www.ldssuccess.org)